

CNIs in the treatment of membranous nephropathy

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Trends in Toronto Glomerulonephritis Registry: 1975–2015

	<u>1975–1979</u>	1980-1984	1985-1989	1990-1994	1995-1999	2000-2004	2005-2011	2012-2015 ^a	Total
	134	172	171	164	129	138	230	168	1306
MPGN	99	67	33	46	37	22	34	N/A	329
FSGS	141	164	163	239	311	318	338	288	1962
IGA	129	215	227	262	309	299	349	286	2076
LUPUS	170	191	143	174	136	130	262	N/A	1206
Vasculitis	29	66	76	93	76	87	152	N/A	579







Rule of thirds







- Schematic depiction of the primary membranous nephropathy stages with representative electron microscopy (EM) images of select stages
- The immune deposits consist of immunoglobulin (Ig) G, the relevant antigens, and the membrane attack complex of complement



Kidney International (2021)





www.jasn.org REVIEW

Probability Legend: over 95% 80% to 94% 50% to 79% 20% to 49% 0% to 19% Bio View: 2071 Proteins in 1869 Clusters	ssion Number	cular Weight	ein Grouping Ambiguity	6 1	2	0	4.0	S	66
With 2070 Filtered Out	Acce	Mole	Prot	Case	Case	Case	Case	Case	Case
Secretory phospholipase A2 receptor OS=Homo sapiens OX=9606 GN=PLA2R1 PE=1 SV=2	sp Q13018 PLA2R_HUMAN	169 kDa	*	75	6	8	10	6	4
Thrombospondin type-1 domain-containing protein 7A OS=Homo sapiens OX=9606 GN=TH.	sp Q9UPZ6 THS7A_HUMAN	185 kDa	*	4	47	(0)	3	1	3
Exostosin-1 OS=Homo sapiens OX=9606 GN=EXT1 PE=1 SV=2	sp Q16394 EXT1_HUMAN	86 kDa	*	(0)	(0)	64	(0)	(0)	(0)
Exostosin-2 OS=Homo sapiens OX=9606 GN=EXT2 PE=1 SV=1	sp Q93063 EXT2_HUMAN	82 kDa		(0)	(0)	85	(0)	(0)	(0)
Protein kinase C-binding protein NELL1 OS=Homo sapiens OX=9606 GN=NELL1 PE=1 SV=4	sp Q92832 NELL1_HUMAN	90 kDa		(0)	(0)	(0)	58	(0)	(0)
Semaphorin-3B 05=Homo sapiens 0X=9606 GN=SEMA3B PE=2 SV=1	sp Q13214 SEM3B_HUMAN	83 kDa		(0)	(0)	(0)	(0)	53	(0)
Protocadherin-7 OS=Homo sapiens OX=9606 GN=PCDH7 PE=1 SV=2	sp 060245 PCDH7_HUMAN	116 kDa		(0)	(0)	(0)	(0)	0	23

Figure 4. Representative mass spectrometry and detection of antigens in MN. Case 1 is from a biopsy specimen of PLA2R-associated MN, case 2 from THSD7A-associated MN, case 3 from EXT1/EXT2-associated MN, case 4 from NELL1-associated MN, case 5 from Sema3B-associated MN, and case 6 from PCDH7-associated MN. Numbers in green boxes represent spectral counts of MS/MS matches to a respective protein. Red star indicates shared amino acid sequences among proteins.

JASN 32: 268–278, 2021





Figure 1. Spectrum of disease within the larger pathologic classification of MN according to the observation that secondary entities represent approximately 30% of all MN. The percentages of MN associated with the newer antigens NELL-1, Sema3B, and EXT1/EXT2 are estimates, and larger cohorts are needed to determine the true prevalence of these subtypes of MN. The uncharacterized group reflects those cases of presumed primary MN in which the target antigen has yet to be described.







JASN 32: 268–278, 2021





Antigens of membranous nephropathy and their schematic molecular structure

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J. Clin. Med. 2021, 10, 607



Clinical and pathologic findings

MN	Mean Age (yr)	Sex (M: F)	Laboratory Findings	Disease Association	Serum Antibody	LM	IF	Complement	lgG Subtype	EM
EXT1/ EXT2-MN (n=26)	36	1:4	ANA, dsDNA, SSA, SSB, others	Autoimmune diseases: lupus, MCTD/	No	Proliferative features may be present	lgG, IgA/IgM	C3, C1q	lgG1	SE, ME + SU +/- TRI
NELL1-MN (n=34)	63	1:1	Negative	Malignancy	Yes (nonreducing)	Nonproliferative	lgG	C3	lgG1	SE, segmental deposits
Sema3B-MN (n=11)	7ª; 36 ^b	6:4	Negative	Family history	Yes	Nonproliferative	lgG, TBM +	C3	lgG1	SE, TRI, TBM +
PCDH7-MN (n=10)	61	3:1	Negative	None	Yes	Nonproliferative	lgG	-/Trace	lgG1, lgG4	SE

Table 1. Clinical and pathologic findings

The numbers in parenthesis represent the total patients with each specific type of MN that were part of the original studies. M, male; F, female; LM, light microscopy; EM, electron microscopy; ANA, anti-nuclear antibody; dsDNA, double-stranded DNA; SSA, anti-Sjögren syndrome-related antigen A; SSB, anti-Sjögren syndrome-related antigen B; MCTD, mixed connective tissue disease; SE, subepithelial; ME, mesangial; SU, subendothelial; TRI, tubuloreticular inclusions.

^aAge in children.

^bAge in young adults.

JASN 32: 268–278, 2021

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Simplified diagnostic algorithm

PCDH7-associated MN had an associated prostate carcinoma. PCDH7 is mostly present in older patients.





Cumulative incidence of ESKD in patients with lupus membranous nephritis (LMN).



Figure 3. Cumulative incidence of ESKD in patients with lupus membranous nephritis (LMN). Kaplan–Meier plots of the cumulative incidence of ESKD over 10 years. (A) EXT1/EXT2-positive and EXT1/EXT2-negative LMN (including class III/IV lupus nephritis [LN]): 64 EXT+ versus 96 EXT-; two versus 18 events; time to event, 116 versus 101 months; *P*=0.007. (B) EXT1/EXT2-positive and EXT1/EXT2-negative pure class V LMN (with no class III/IV LN): 48 EXT+ versus 65 EXT-; two versus 11 events; time to event, 115 versus 104 months; *P*=0.08. (C) EXT1/EXT2-positive and EXT1/EXT2-negative class V LMN + class III/IV LN: 16 EXT+ versus 31 EXT-; zero versus seven events; time to event in EXT-, 96 months; *P*=0.03. EXT1/EXT-positive represented by dotted lines and EXT1/EXT2-negative represented by solid lines. Plots courtesy of Dr. Aishwarya Ravindran and Dr. Marta C. Moura.



JASN 32: 268–278, 2021









Box 1. Common Causes of Primary, Secondary, or Alloimmune MN

Primary MN^a

- PLA₂R-associated
- THSD7A-associated
- NELL-1-associated
- Sema3B-associated
- Uncharacterized

Secondary MN

- Autoimmune/collagen-vascular disease: SLE and mixed connective tissue disease (includes EXT1/EXT2-associated), Sjogren's, thyroiditis, sarcoidosis, dermatitis herpetiformis
- Infection: HBV and HCV, malaria, secondary or congenital syphilis, leprosy
- Drugs, toxins, other adulterants: NSAIDs, gold salts, penicillamine, mercury, cationic bovine serum albumin (infant formula)
- Malignancy: more commonly solid-organ carcinomas (lung, breast, colon, and kidney), NHL, leukemia; rarely associated with THSD7A expression in tumor; NELL-1-associated MN linked to underlying malignancy

Alloimmune MN

- Antenatal alloimmune MN caused by anti-NEP antibodies
- · De novo MN in kidney allograft
- Graft-vs-host disease

Abbreviations: EXT1/EXT2, Exostosin 1/Exostosin 2; HBV, hepatitis B virus; HCV, hepatitis C virus; MN, membranous nephropathy; NELL-1, neural epidermal growth factor-like 1; NEP, neutral endopeptidase; NHL, non-Hodgkin lymphoma; NSAID, nonsteroidal anti-inflammatory drug; PLA₂R, phospholipase A₂ receptor; Sema3B, semaphorin-3B; SLE, systemic lupus erythematosus; THSD7A, thrombospondin type 1 domain-containing 7A.

^aPrimary MN reflects an autoimmune process that targets an intrinsic podocyte protein (see text). NELL-1-associated MN is included here even though the source of the antigen is not yet clear. Several more target antigens are under investigation but are listed here as uncharacterized.



AJKD Vol 77 | Iss 3 | March 2021





Proposed classification of MN.MN is classified on the basis of the antigen detected. In cases where none of the known antigens are detected, the terminology "undetermined" should be used. The disease association should be given if present, not present, or if not known.

JASN 32: 268–278, 2021



Schematic overview of the complement cascade in MN



Fig. 2. Schematic overview of the complement cascade in MN.

Components important for the complement cascade in MN are visualized. Components, which are stained by histopathologic techniques in kidney biopsies, are colored in red. Complement inhibitors, which are currently in clinical trials, are highlighted in blue.



Molecular Immunology 128 (2020) 195–204





ARTICLE

https://doi.org/10.1038/s41467-020-15383-w OPEN

The genetic architecture of membranous nephropathy and its potential to improve non-invasive diagnosis

Jingyuan Xie et al.#

Membranous Nephropathy (MN) is a rare autoimmune cause of kidney failure. Here we report a genome-wide association study (GWAS) for primary MN in 3,782 cases and 9,038 controls of East Asian and European ancestries. We discover two previously unreported loci, *NFKB1* (rs230540, OR = 1.25, $P = 3.4 \times 10^{-12}$) and *IRF4* (rs9405192, OR = 1.29, P = 1.4 \times 10^{-14}), finemap the *PLA2R1* locus (rs17831251, OR = 2.25, $P = 4.7 \times 10^{-103}$) and report ancestry-specific effects of three classical HLA alleles: *DRB1*1501* in East Asians (OR = 3.81, $P = 2.0 \times 10^{-49}$), *DQA1*0501* in Europeans (OR = 2.88, $P = 5.7 \times 10^{-93}$), and *DRB1*0301* in both ethnicities (OR = 3.50, $P = 9.2 \times 10^{-23}$ and OR = 3.39, $P = 5.2 \times 10^{-82}$, respectively). GWAS loci explain 32% of disease risk in East Asians and 25% in Europeans, and correctly re-classify 20-37% of the cases in validation cohorts that are antibody-negative by the serum anti-PLA2R ELISA diagnostic test. Our findings highlight an unusual genetic architecture of MN, with four loci and their interactions accounting for nearly one-third of the disease risk.



NATURE COMMUNICATIONS | (2020) 11:1600

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Pleiotropic effects of the MN loci and their clinical correlations

NATURE COMMUNICATIONS | (2020) 11:1600



ORIGINAL RESEARCH ARTICLE



Upregulated microRNAs in membranous glomerulonephropathy are associated with significant downregulation of IL6 and MYC mRNAs

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Matilde Cirnigliaro ¹ Arianna Costanzo ³ Giovanni Lauretta ¹ Davide Barbagallo ¹						
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Cinzia Di Pietro ^{1†} Marco Ragusa ^{1,8†} Lorenzo S. Malatino ^{3†} Michele Purrello ^{1†}						

Ten miRNAs (let-7a-5p, let-7b-5p, let-7c-5p, let-7d-5p, miR-107, miR-129-3p, miR-423-5p, miR-516-3p, miR-532-3p, and miR-1275) were differentially expressed (DE) in MGN biopsies compared to unaffected controls





Stages of PMN:

- Immunological initiation phase
- seropositive preclinical phase
- active phase
- immunological recovery phase
- immunological remission (clinical recovery) phase
- clinical remission





Graphical representation of the distinct phases of primary membranous nephropathy



Figure 2 | Graphical representation of the distinct phases of primary membranous nephropathy. Changes over time in serum autoantibody levels (dotted line), clinical disease activity (represented by proteinuria; solid line), and podocyte damage and foot process effacement are shown schematically. The serological, immunological, and pathological findings for each phase are shown in the table below the graph. aPLA2R, autoantibody against phospholipase A2 receptor; FPE, XXXX.



Kidney International (2021)



Figure 3 The "kidney as sink" hypothesis explains the initial absence of circulating autoantibody in primary membranous nephropathy (PMN). (a) During early generation of autoantibodies against podocyte antigens in PMN, the relatively abundant podocyte target antigens act as a sponge or "sink" for anti-phospholipase A2 receptor (PLA2R) autoantibodies (aPLA2R). aPLA2R are therefore prevented from entering the systemic circulation. (b) Increasing amounts of antibody (red line) over time eventually saturate available PLA2R on the podocyte and detectable amounts appear in the circulation, followed by increasing levels of proteinuria (blue). This model explains why positive PLA2R staining may be present on biopsy without evidence of serum autoantibodies for a period of time early in the disease course.



Kidney International (2021)





Schematic representation of the immunologic and clinical courses of disease in PLA2R-associated MN.



AJKD Vol 77 | Iss 3 | March 2021



Persistence of proteinuria

significant residual proteinuria that lingers for months to years despite immunological remission.

- longevity of subepithelial deposits (stage 2–3 deposits evolution to stage 4 deposits, 21 months)
- glomerulosclerosis and interstitial fibrosis
- GBM remains abnormal (It may take years before the GBM architecture has normalized)





A kidney biopsy may not be required to confirm the diagnosis of MN in patients with a compatible clinical and serological presentation.

- the sensitivity of a positive PLA2Rab test for the diagnosis of MN was 0.78 and specificity 0.99
- PLA2R antibody testing without kidney biopsy may be a valid strategy to make a non-invasive diagnosis of MN in patients with a negative work-up for secondary causes





Modern Pathology https://doi.org/10.1038/s41379-019-0267-z

ARTICLE

Diagnostic role of renal biopsy in PLA₂R1-antibody-positive patients with nephrotic syndrome

XUSCAP

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Received: 14 January 2019 / Revised: 25 February 2019 / Accepted: 25 February 2019 © United States & Canadian Academy of Pathology 2019

Abstract

Renal biopsy is the gold standard for diagnosis of membranous nephropathy. Circulating PLA₂R1 antibody found in 75% of patients with membranous nephropathy is very specific for the diagnosis of this disease. Therefore, the question arises whether PLA₂R1-antibody-positive patients still need a diagnostic renal biopsy. In this study we investigated whether additional relevant information is obtained by performing renal biopsy in nephrotic patients, who are PLA₂R1-antibody positive. A detailed analysis of renal biopsies, including immunohistochemistry and electron microscopy, was performed in 263 patients with biopsy-proven membranous nephropathy, of whom 194 patients were PLA₂R1-antibody positive, to detect diagnostic features additional to membranous nephropathy. Twelve (6%) of the 194 PLA₂R1-antibody-positive patients had a second relevant diagnosis in addition to membranous nephropathy: five (3%) patients had interstitial nephritis, in five (3%) other patients a diabetic nephropathy was diagnosed and two (1%) patients had IgA nephropathy. Patients with a second diagnosis in addition to membranous nephropathy had a significantly higher serum creatinine (p < 0.01) and lower eGFR (p = 0.04) compared to patients in whom only the diagnosis of membranous nephropathy was made. In 7 (10%) of 69 PLA₂R1-antibody-negative patients, renal biopsies showed an additional diagnosis to membranous nephropathy: one (1%) case of IgA nephropathy, cholesterol emboli, IgG4-related disease, necrotising glomerulonephritis, thrombotic microangiopathy, interstitial nephritis and diabetic nephropathy each. The advantage of detecting an additional diagnosis to membranous nephropathy in 6% of PLA₂R1-antibody-positive patients by renal biopsy has to be balanced to the potential risks and costs of the biopsy procedure. Renal biopsy is particularly relevant in patients presenting with impaired renal function and abnormalities in urinalysis going beyond proteinuria. Immunohistochemical staining for PLA₂R1 was the only histomorphologic analysis allowing a reliable differentiation of PLA₂R1-antibody-positive from PLA₂R1-antibody-negative membranous nephropathy.





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clinical investigation

Noninvasive diagnosis of primary membranous nephropathy using phospholipase A2 receptor antibodies

see commentary on page 265

Check for updates

OPEN

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Ninety-seve patients had a negative work-up for secondary causes o MN. Sixty of those 97 patients had an estimated glomerular filtration rate (eGFR) >60 ml/min/1.73m2. In these patients, the kidney biopsy did not provide significant information that altered management; one patient had a superimposed diabetic nephropathy and a second patient had a superimposed focal segmental glomerulosclerosis (FSGS) lesion. Conclusion: Among patients with preserved kidney function and no evidence of secondary causes, a positive PLA2R antibody test highly predicts a tissue diagnosis of PLA2R-associated MN





Guidance for the use and interpretation of the PLA2Rab assay in patients with known PLA2R-associated MN

Most sensitive

Western Blot: not commercially available

Detection of PLA2Rab in serum **Immunofluorescence test (IFT):** more sensitive than ELISA. The results of the IFT are reported as negative or positive, whereas some centers provide semiquantitative scores based on dilutions (+/-, +, ++, +++ or 1/10, 1/100, 1/320, 1/1000)

Least sensitive ELISA assay: using a lowest cutoff value of 14 RU/ml Values between 2 and 14 RU/ml are equivocal, and retesting in IFT may show positive results





Kidney International (2019) 95, 429–438



Algorithm for centers preferentially performing enzymelinked immunosorbent assays (ELISAs).



Kidney International (2019) 95, 429–438



When to consider a kidney biopsy in a PLA2Rab-positive patient





Patients with MN should be evaluated for associated conditions, regardless of whether PLA2Rab and/or TSHD7Aab are present or absent







Risk factors for progression	Good prognosis
Age	Complete remission of proteinuria
Male sex	Partial remission of proteinuria
Decreased GFR on presentation	Long duration of remission
Increased excretion of some LMW markers such as β2 microglobulin	
Persistent elevated anti-PLA2R or THSD7A levels after therapy	Low anti-PLA2R or THSD7A levels or decreased levels
Anti-PLA2R against CTLD1, CTLD7 domain*	Anti-PLA2R against CysR domain
C3 staining in the biopsy sample	
Increased urinary excretion of C3dg and C5b-9	
Risk alleles*: HLA-DQR1; PLA2R1 HLA-DRB	



*Presence of risk alleles for both HLA and PLA2R raises the risk for PMN up to 79-fold





Phospholipase A2 Receptor 1 Epitope Spreading at Baseline Predicts Reduced Likelihood of Remission of Membranous Nephropathy

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ABSTRACT

The phospholipase A2 receptor (PLA2R1) is the major autoantigen in primary membranous nephropathy. Several PLA2R1 epitopes have been characterized, and a retrospective study identified PLA2R1 epitope spreading as a potential indicator of poor prognosis. Here, we analyzed the predictive value of anti-PLA2R1 antibody (PLA2R1-Ab) titers and epitope spreading in a prospective cohort of 58 patients positive for PLA2R1-Ab randomly allocated to rituximab (n=29) or antiproteinuric therapy alone (n=29). At baseline, the epitope profile (CysR, CysRC1, CysRC7, or CysRC1C7) did not correlate with age, sex, time from diagnosis, proteinuria, or serum albumin, but epitope spreading strongly correlated with PLA2R1-Ab titer (P<0.001). Ten (58.8%) of the 17 patients who had epitope spreading at baseline and were treated with rituximab showed reversal of epitope spreading at month 6. In adjusted analysis, epitope spreading at baseline was associated with a decreased remission rate at month 6 (odds ratio, 0.16; 95% confidence interval, 0.04 to 0.72; P=0.02) and last follow-up (median, 23 months; odds ratio, 0.14; 95% confidence interval, 0.03 to 0.64; P=0.01), independently from age, sex, baseline PLA2R1-Ab level, and treatment group. We propose that epitope spreading at baseline be considered in the decision for early therapeutic intervention in patients with primary membranous nephropathy.

outcome.^{6,7} Therefore, reducing PLA2R1-Ab level has become an important goal of therapy. Although the identification of PLA2R1-Ab has been paradigm shifting in the diagnosis and management of patients, there are cases that call for additional biomarkers. Indeed, antibodies may persist during apparent clinical remission, and conversely, a drop in antibody titer may not be associated with a clinical remission.^{7,8}

PLA2R1 is a 180-kDa membrane receptor with a large extracellular region

Received July 6, 2017. Accepted September 20, 2017.

B.S.-P., H.D., and A.R. contributed equally to this work.

G.L. and P.R. contributed equally to this work.







Traditional approach to a patient with MN-related proteinuria



J. Clin. Med. **2021**, 10, 1205


In patients with MN, use clinical and laboratory criteria to assess the risk of progressive loss of kidney function

Because spontaneous remission is relatively common in MN and because immunosuppressive treatment has adverse effects, it is important to assess the risk of progressive loss of kidney function prior to deciding about whether and when to implement immunosuppressive treatment





Clinical criteria for assessing risk of progressive loss of kidney function

Low risk	Moderate risk	High risk	Very high risk
 Normal eGFR, proteinuria <3.5 g/d and/or serum albumin >30 g/L 	 Normal eGFR, proteinuria >4 g/d and no decrease >50% after 6 months of conservative therapy with ACEi/ARB PLA2Rab <50 RU/ml[†] Mild low molecular weight proteinuria Selectivity index <0.15 U IgG <250 mg/d 	 eGFR <60 ml/min/1.73m^{2*} Proteinuria >8 g/d for >6 months PLA2Rab >150 RU/ml[†] High low molecular weight proteinuria U IgG >250 mg/d Selectivity index >0.20 	 Life-threatening nephrotic syndrome Rapid deterioration of kidney function not otherwise explained High low molecular weight proteinuria in two urine samples collected with interval of 6–12 months

PLA2Rab should be measured at 3- to 6-month intervals, the shorter interval being performed in patients with high PLA2Rab levels at baseline. Changes in PLA2Rab levels during follow-up likely add to risk estimation. Disappearance of PLA2Rab precedes clinical remission and should lead to refraining from additional therapy.





Figure 5. This algorithm classifies patients into 4 different risk groups with the subsequent recommended therapy plan. The thresholds for anti-PLA₂R titer are somewhat arbitrary. Consideration should also be given to anti-PLA₂R trajectory, as a decreasing titer over time might warrant continued monitoring with antiproteinuric therapy alone, whereas increasing titer might increase the level of risk. Abbreviations: CP, cyclophosphamide-based protocol; eGFR, estimated glomerular filtration rate; Ab, antibody; RAASi, reninangiotensin-aldosterone system inhibition; RTX, rituximab.

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AJKD Vol 77 | Iss 3 | March 2021



Considerations for treatment of patients with primary MN:

• All patients with primary MN and proteinuria should receive optimal supportive care.

• Immunosuppressive therapy should be restricted to patients considered at risk for progressive kidney injury





Commonly used treatment regimens for patients with MN

Cyclophosphamide (cyclical)	 Methylprednisolone 1 g i.v. for 3 consecutive days at start of month 1, 3, and 5 Prednisone 0.5 mg/kg/d in months 1, 3, and 5 Cyclophosphamide 2.5 mg/kg/d in months 2, 4, and 6[‡]
Cyclophosphamide (continuous)	 Methylprednisolone 1 g i.v. for 3 consecutive days at start of month 1, 3, and 5 Prednisone 0.5 mg/kg/d every other day in months 1–6, with taper thereafter Cyclophosphamide 1.5 mg/kg/d in months 1–6[‡]
Rituximab	 Rituximab 1 g i.v. administered twice within 2 weeks* Rituximab 375 mg/m² given 1–4 times at weekly intervals
Tacrolimus	• Tacrolimus 0.05–0.1 mg/kg/d, target trough level 3–8 μ g/ml, duration 12 months ⁺
Cyclosporine	\bullet Cyclosporine 3.5 mg/kg/d, target trough level 125–225 $\mu g/ml^{\dagger}$

Cyclosporine and tacrolimus are often given in combination with prednisone in a dose of 10 mg/day. After four months, withdrawal if no response; after 12 months, consider tapering to lower levels.





Rituximab for Severe Membranous Nephropathy: A 6-Month Trial with Extended Follow-Up

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Positive effect of rituximab on proteinuria remission occurred after 6 months. These data suggest that PLA2R-Ab levels are early markers of rituximab effect and that addition of rituximab to NIAT does not affect safety.



J Am Soc Nephrol 28: 348-358, 2017





Key findings from the GEMRITUX trial



Solo,







Safety of Rituximab Compared with Steroids and Cyclophosphamide for Idiopathic Membranous Nephropathy

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Rituximab (RTX) may be a safer alternative, lower partial remission rates with rituximab versus cyclophosphamide, rates of complete remission and the composite renal end point did not differ significantly between groups



Pharmacology

Original Paper

Pharmacology 2013;91:259–266 DOI: <u>10.1159/000348570</u> Received: December 5, 2012 Accepted after revision: January 23, 2013 Published online: May 7, 2013

Effect of Prolonged Tacrolimus Treatment in Idiopathic Membranous Nephropathy with Nephrotic Syndrome

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Results: Over 85% of the patients achieved proteinuria reduction, serum albumin improvement and serum lipid recovery; the probability of remission in both groups was over 80% at 6 months. The remission rate was steady at over 80% after 12 and 24 months in the long-term group, but only 50 and 45%, respectively, in the short-term group. Nine patients (45%) relapsed in the short-term group after tacrolimus withdrawal, while not a single patient suffered recurrence in the long-term group

Conclusion: Combined therapy of tacrolimus with prednisone can relieve IMN significantly; prolonged tacrolimus treatment at a low blood concentration can alleviate the illness persistently, with a low recurrence rate and gratifying safety.







Average of 24-hour urinary protein excretion levels (g/24 h) and change in serum albumin (mean ± SD g/l) from the baseline value at each follow-up evaluation in the short-term (n = 20) and long-term treated patients (n = 22) during the study period

Pharmacology 2013;91:259-266



Journal of the Formosan Medical Association (2016) 115, 11-18



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ORIGINAL ARTICLE
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Comparison of different therapies in highrisk patients with idiopathic membranous nephropathy



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Received 17 April 2015; received in revised form 19 July 2015; accepted 27 July 2015

Conclusion: Tacrolimus combined with corticosteroid had tolerable adverse effects and induced the remission of IMN more effectively and more rapidly. This is the first prospective randomized cohort study to compare three different therapies in patients at high risk for IMN. It provides strong evidence for choosing optimal treatment for patients with IMN.







Probability of complete remission and partial remission in the tacrolimus, cyclophosphamide, and cyclophosphamide groups.







Nephrology 21 (2016) 139-146

Original Article

Tacrolimus combined with corticosteroids versus Modified Ponticelli regimen in treatment of idiopathic membranous nephropathy: Randomized control trial

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Both TAC and MPR are comparable in induction remission, but with different adverse effect profile and with higher relapse rate







(a) Urine protein in both the groups at baseline, 6 and 12 months. (b) Estimated glomerular filtration rate (eGFR) in both the groups at baseline, 6 and 12 months. (c) Serum albumin in both the groups at baseline, 6 and 12 months. (d) PLA2R antibodies in both the groups at baseline, 6 and 12 months.*

There was a significant reduction in eGFR in patients receiving TAC* (P = 0.009).

Nephrology **21** (2016) 139–146



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Two-Year Follow-up Study of Membranous Nephropathy Treated With Tacrolimus and Corticosteroids Versus Cyclical Corticosteroids and Cyclophosphamide



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At 2 years after randomization, relapse rates are higher for TAC/GCs compared with cCTX/GCs in PMN patients. Thus, cCTX/GCs are better than TAC/GCs in the longer term in PMN patients.







Remission rate at various time points



Kidney International Reports (2017) 2, 610–616



J Korean Med Sci. 2018 Feb 26;33(9):e74 https://doi.org/10.3346/jkms.2018.33.e74 eISSN 1598-6357·pISSN 1011-8934



Original Article Nephrology

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The Effect of Mycophenolate Mofetil versus Cyclosporine as Combination Therapy with Low Dose Corticosteroids in High-risk Patients with Idiopathic Membranous Nephropathy: a Multicenter Randomized Trial

OPEN ACCESS

Conclusion: In combination with low-dose corticosteroids, the effect of MMF may not be inferior to that of CsA in patients with idiopathic MN, with similar adverse effects including gastrointestinal symptoms







Probability of complete or partial remission of proteinuria in MMF and CsA groups. The cumulative incidence of complete or partial remission of proteinuria at 48 weeks was 82.8% in the MMF group and 70.9% in the CsA group, which did not significantly differ between the groups (P = 0.93).







Changes in proteinuria from baseline in MMF and CsA groups. Changes in proteinuria from baseline to 12, 24, 36, and 48 weeks were comparable between the two

J Korean Med Sci. 2018 Feb 26;33(9):e74





ORIGINAL ARTICLE

Rituximab or Cyclosporine in the Treatment of Membranous Nephropathy

F.C. Fervenza, G.B. Appel, S.J. Barbour, B.H. Rovin, R.A. Lafayette, N. Aslam, J.A. Jefferson, P.E. Gipson, D.V. Rizk, J.R. Sedor, J.F. Simon, E.T. McCarthy, P. Brenchley, S. Sethi, C. Avila-Casado, H. Beanlands, J.C. Lieske, D. Philibert, T. Li, L.F. Thomas, D.F. Green, L.A. Juncos, L. Beara-Lasic, S.S. Blumenthal, A.N. Sussman, S.B. Erickson, M. Hladunewich, P.A. Canetta, L.A. Hebert, N. Leung, J. Radhakrishnan, H.N. Reich, S.V. Parikh, D.S. Gipson, D.K. Lee, B.R. da Costa, P. Jüni, and D.C. Cattran, for the MENTOR Investigators

Rituximab was non inferior to cyclosporine in inducing complete or partial remission of proteinuria at 12 months and was superior in maintaining proteinuria remission up to 24 months.





× 11 × 1



Among patients in remission who tested positive for anti–phospholipase A2 receptor (PLA2R) antibodies, the decline in autoantibodies to anti-PLA2R was faster and of greater magnitude and duration in the rituximab group than in the cyclosporine group









clinical trial

The STARMEN trial indicates that alternating treatment with corticosteroids and cyclophosphamide is superior to sequential treatment with tacrolimus and rituximab in primary membranous nephropathy



see commentary on page 811 OPEN

Gema Fernández-Juárez¹, Jorge Rojas-Rivera², Anne-Els van de Logt³, Joana Justino⁴, Angel Sevillano⁵,

This was tested in a randomized, open-label controlled trial of 86 patients with primary membranous nephropathy and persistent nephrotic syndrome after six-months observation and assigned 43 each to receive six-month cyclical treatment with corticosteroid and cyclophosphamide or sequential treatment with tacrolimus (full-dose for six months and tapering for another three months) and rituximab (one gram at month six).

Conclusion: treatment with corticosteroid cyclophosphamide induced remission in a significantly greater number of patients with primary membranous nephropathy than tacrolimus-rituximab.





No. at Risk



b



No. at Risk									
Corticosteroid-Cyclophosphamide	43	43	42	37	31	24	23	17	17
Tacrolimus-Rituximab	43	42	40	36	32	24	24	21	21

Figure 2 | Kaplan-Meier analysis of complete or partial remission. Kaplan-Meier estimates of (a) remission (complete or partial) and (b) complete remission in the corticosteroid-cyclophosphamide and tacrolimus-rituximab groups.

Kidney International (2021) 99, 986–998





Kidney International (2021) 99, 986–998





Figure 3 | Evolution of proteinuria and anti-phospholipase A2 receptor (PLA2R), serum albumin, and estimated glomerular filtration rate (eGFR). Data are presented as median (interquartile range) over time (albumin, proteinuria, anti-PLA2R) or mean ± SD by assigned treatment.

Kidney International (2021) 99, 986–998

Rituximab or Cyclical Regimen for Membranous Nephropathy The RI-CYCLO randomized controlled trial

METHODS





CONCLUSIONS

- Our pilot study shows that completing a larger trial may be challenging.
- While non-significantly different, the point estimate of one-year probability of complete remission was lower in the rituximab arm.
- Throughout the follow-up, the probability to achieve partial or complete remission was similar by study arm.
- The cyclical regimen tended to induce complete remission earlier; rituximab appeared to have a delayed effect.
- The frequency of adverse events was comparable.



doi: 10.1681/ASN.2020071091



Major randomized clinical trials (RCTs) on membranous nephropathy since 2019.

Study	MENTOR [7]	STARMEN [8]	RI-CYCLO [9]
Design	Multicenter North America N = 130	Multicenter Europe N = 86	Multicenter Italy+Switzerland $N = 74$
Inclusion	Proteinuria > 5 g/24 h CrCl > 40 mL/min/1.73 m ²	Proteinuria > 4 g/24 h eGFR > 45 mL/min/1.73 m ²	Proteinuria > 3.5 g/24 h eGFR \geq 30 mL/min/1.73 m ²
PLA2R positivity	74% (96/130)	77% (53/69)	66% (59/73)
Run-in	3 months	6 months	3 months
Comparison	Rituximab vs. Cyclosporine	Modified Ponticelli (Methylprednisolone + cyclophosphamide) vs. tacrolimus + rituximab	Modified Ponticelli (Methylprednisolone + cyclophosphamide) vs. Rituximab
Remission definition	CR: proteinuria < 0.3 g/24 h, Alb > 3.5 g/dL PR: proteinuria 50% reduction from baseline + range between 0.3–3.5 g/24 h Relapse: proteinuria > 3.5 g/24 h after CR or PR	CR: proteinuria < 0.3 g/24 h, eGFR > 45 mL/min PR: same as MENTOR, eGFR > 45 mL/min Relapse: same as MENTOR	Same as MENTOR
		12 months	
Outcome CR + PR (CR only)	60% vs. 52%	79% vs. 51%	73% vs. 62% (32% vs. 16%)
		24 months	
	60% vs. 20% (35% vs. 0%)	84% vs. 58% (60% vs. 26%)	81% vs. 85% (35% vs. 42%)
SAE	17% vs. 31%	19% vs. 14%	14% vs. 19%

Table 1. Major randomized clinical trials (RCTs) on membranous nephropathy since 2019.

Results of outcome are given by Intention-To-Treat; PR, partial remission; SAE, severe adverse events.

J. Clin. Med. 2021, 10, 607 3 of





Risk-based treatment of MN







Immunosuppressive therapy is not required in patients with MN, proteinuria <3.5 g/d, and eGFR >60 ml/min/1.73 m2

Immunosuppressive therapy is not required in patients with MN, nephrotic syndrome, and normal eGFR unless at least one risk factor for disease progression is present or unless serious complications of nephrotic syndrome (e.g., AKI, infections, thromboembolic events) have occurred.

For patients with MN and at least one risk factor for disease progression, we recommend using rituximab or cyclophosphamide and steroids for six months, or tacrolimus-based therapy for at least six months, with the choice of treatment depending on the risk estimate





Longitudinal monitoring of PLA2Rab levels at three and six months after start of therapy may be useful for evaluating treatment response in patients with membranous nephropathy, and can be used to guide adjustments to therapy





Guidance for the use and interpretation of the PLA2Rab assay in patients with known PLA2R-associated MN



Although there are no defined cut-off values, many experts consider reductions of 50-90% to represent a large decrease in PLA2Rab levels.





Immunological monitoring in MN after start of therapy



the cumulative dose of cyclophosphamide should not exceed 25 g (approximately six months of therapy at a dose of 1.5 mg/kg/day). Lower doses (maximum 10g) must be used in patients who wish to conceive.





Management of initial relapse after therapy







Relapse	increase in proteinuria >3.5 g/day in patients who developed a partial or complete remission
Relapse in patients with a partial remission (characterized by normalization of serum albumin)	an increase of proteinuria paralleled by a decrease in serum albumin levels
Resistance	 persistent NS after immunosuppressive therapy persistent proteinuria in parallel with persistent or increasing antibody levels
Resistance	in the period of "clinical remission", PLA2Rab were still positive, this would be evidence for resistant disease
Resistance	If PCR decreased to values between 2 and 3.5 g/day without an increase of serum albumin to normal, the subsequent rise in PCR

- In patients with positive PLA2Rab, it is advised to evaluate PLA2Rab at the time of remission and relapse. The course of PLA2Rab should precede the clinical course. In patients with very early relapse, it is important to consider reasons for the failure of the previous therapy (e.g., compliance, low drug levels, insufficient B cell depletion, presence of anti-rituximab antibodies).
- Disappearance of the antibodies most commonly precedes clinical remission. It is advised to wait at least six to 12 months after antibody disappearance before evaluation of treatment response.


Management of resistant disease



• Persistent proteinuria is not sufficient to define resistance. If proteinuria persists, while serum albumin has increased, one should consider secondary FSGS. This would be further supported by the disappearance of PLA2Rab. In patients with persistent proteinuria with normal or near-normal serum albumin levels or patients with persistent proteinuria despite loss of PLA2Rab, a kidney biopsy should be considered to document active membranous nephropathy.







ARTICLE IN PRESS

Case Report

Treatment of Membranous Nephropathy in Patients With THSD7A Antibodies Using Immunoadsorption

Julia Weinmann-Menke, Stefan Holtz, Daniel Sollinger, Mara Dörken, Simone Boedecker, Beate Schamberger, Frederick Pfister, Kerstin Amann, and Jens Lutz

Antibodies against THSD7A (thrombospondin type 1 domain-containing protein 7A) have been proposed to play a causal role in the development of nephrotic syndrome in patients with THSD7A antibody–positive membranous nephropathy. We hypothesized that removal of these antibodies from plasma could lead to a rapid reduction in proteinuria. Using immunoadsorption to reduce THSD7A antibodies led to a rapid reduction in proteinuria in 2 patients with THSD7A antibody–positive membranous nephropathy. Moreover, our findings support and strengthen the pathogenic role of the antibodies in the development of nephrotic syndrome in patients with THSD7A antibody–positive membranous nephropathy. Taken together, these 2 cases suggest that immunoadsorption could be a useful tool in the treatment of patients with THSD7A antibody–positive membranous nephropathy. Complete author and article information provided before references.

AJKD

Am J Kidney Dis. XX(XX): 1-4. Published online Month X, XXXX.

doi: 10.1053/ j.ajkd.2019.05.021

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Clinical Practice

Nephron DOI: 10.1159/000501858 Received: April 15, 2019 Accepted after revision: June 29, 2019 Published online: July 23, 2019

Accelerating the Depletion of Circulating Anti-Phospholipase A₂ Receptor Antibodies in Patients with Severe Membranous Nephropathy: Preliminary Findings with Double Filtration Plasmapheresis and Ofatumumab

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ACTH (corticotrophin) therapy in resistant primary membranous nephropathy



- ACTH therapy to 11 patients who had failed treatment with other IS treatments
- corticotrophin 40 IU subcutaneous twice a week for 6 months
- >50% reduction in proteinuria
- 2 patients who developed excessive fluid retention and infection





Treatment of Secondary MN







Pathophysiology of posttransplant membranous nephropathy. Recurrent membranous nephropathy (rMN) and de novo membranous nephropathy (dnMN)



Transplantation
October 2019
Volume 103
Number



Clinical and Pathologic Features That Distinguish Recurrent from De Novo MN

Category	Recurrent MN	De Novo MN		
Epidemiology	 10%-45% recurrence rate (higher rates in centers with protocol biopsies) Clinically apparent by 13-15 mo, but proteinuria can begin within months of transplantation 	 1%-2% posttransplant with increasing incidence with time; reported as ~5.3% at 8 y Higher incidence in pediatric population, reaching ~9% 		
Pathogenesis	 Anti-PLA₂R at time of transplantation is a risk factor Can appear years later with reemergence of autoantibodies when transplant immunosuppression decreased 	 Not fully known Has been associated with chronic and/or antibody-mediated rejection 		
Clinical presentation	 Similar to primary MN May be detected earlier with lower amounts of proteinuria due to heightened surveillance (especially with protocol biopsy) 	 Can be asymptomatic or with various degrees of proteinuria many years after transplantation 		
Diagnosis	 MN present on biopsy of native kidney Presence of anti-PLA₂R can support recurrent MN if native diagnosis not known Positive PLA₂R staining within deposits in 70%-80% IgG4 is the dominant or codominant IgG subclass 	 Diagnosis other than MN in biopsy of native kidney Typically not associated with anti-PLA₂R antibody or PLA₂R staining of deposits Evidence of chronic and/or antibody-mediated rejection IgG1 is predominant IoG subclass 		
Treatment	 Can closely follow if low titer anti-PLA₂R, subnephrotic proteinuria, stable kidney function Transplant immunosuppression may cause decrease and disappearance of autoantibodies Heightened concern warranted as process already resulted in loss of native kidneys Rituximab for worsening disease in setting of transplant immunosuppression 	 Unknown natural history but 50% graft loss has been reported Treat underlying rejection and implement antiproteinuric therapy Increase maintenance immunosuppression, consider plasmapheresis if chronic rejection is present Consider rituximab or cyclophosphamide if kidney function is rapidly declining 		

IgG, immunoglobulin G; MN, membranous nephropathy; PLA₂R, phospholipase A₂ receptor.





Evaluation of a kidney transplant recipient with MN



Discuss recurrence rate:

- Recurrence risk depends on the evaluation of the causative antibodies
- Recurrence risk may be higher after living related donor transplantation, but the benefits of living donor donation
 outweigh the possible harm of disease recurrence





In patients with MN not associated with PLA2Rab, proteinuria should be evaluated monthly for at least six to 12 months after transplantation.

• A kidney biopsy is needed when proteinuria exceeds 1g/d

In patients with PLA2R-associated MN, regular measurement of anti PLA2Rab after kidney transplantation is advised in the first six to 12 months after transplantation. The frequency of monitoring may vary from once per month in patients with high titers pretransplant to once per three months in patients without measurable antiPLA2Rab pretransplant



[•] A relapse can be anticipated with persistently high or increasing titers of antiPLA2Rab, and in such cases performing a kidney biopsy in patients with proteinuria 0.3 to 1.0 g/d can be considered



Peri- and post-transplant monitoring:

Measure proteinuria even	y month \rightarrow if	proteinuria	$1 \text{ g/d} \rightarrow$	biopsy of kidney
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 In patients with known PLA2Rab-associated MN: measure PLA2Rab every 1–3 months depending on pretransplant antibody status

 \rightarrow PLA2Rab increasing \rightarrow increased likelihood of recurrence, consider early kidney biopsy

→ PLA2Rab decreasing → lower likelihood of recurrence, perform kidney biopsy only if clinically indicated

Treatment of recurrence:

Treat with angiotensin-converting enzyme inhibitor/angiotensin II-receptor blocker

Optimize immunosuppressive therapy, therapeutic drug monitoring of mycophenolate mofetil aiming at AUC > 50 mg*hr/L

• Proteinuria <1 g/d → evaluate/monitor at 1–3 month intervals

• Proteinuria >1 g/d \rightarrow rituximab 1 g at day 1 and day 15

studies have suggested that higher PLA2Rab levels (>45 RU/ml) are associated with increased risk





Recurrent Membranous Nephropathy After Kidney Transplantation: Treatment and Long-Term Implications

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Background. Membranous nephropathy (MN) can recur in kidney allografts leading to graft dysfunction and failure. The aims of these analyses were to assess MN recurrence, clinical and histologic progression, and response to anti-CD20 therapy. **Methods.** Included were 63 kidney allograft recipients with biopsy proven primary MN followed up for 77.0 (39-113) months (median, interquartile range). Disease recurrence was diagnosed by biopsy (protocol or clinical), and follow-up was monitored by laboratory parameters and protocol biopsies. **Results.** Thirty of 63 patients (48%) had histologic recurrence often during the first year. In 53% of the cases, recurrence was diagnosed by protocol biopsy. Recurrence risk was higher in patients with higher proteinuria pretransplant [hazard ratio = 1.869 (95% confidence interval, 1.164-3.001) per gram, P = 0.010] and those with anti-phospholipase A2 receptor antibodies [hazard ratio = 3.761 (1.635-8.652), P = 0.002]. Thirteen patients with recurrence had no clinical progression, and in 2, MN resolved histologically. Seventeen of 63 patients (27%) had progressive proteinuria and were treated with anti-CD20 antibodies, resulting in complete response in 9 (53%), partial response in 5 (29%), and no response in 3 (18%). Posttreatment biopsies were obtained in 15 patients and showed histologic resolution in 6 (40%). Disease recurrence did not correlate with graft survival. However, 5 of 11 (45.4%) graft losses were due to recurrent MN. Death-censored graft survival in MN did not differ from that of 273 control recipients with autosomal dominant polycystic kidney disease. **Conclusions.** Membranous nephropathy recurs in 48% of cases threatening the allograft. Treatment of early but progressive recurrence with anti-CD20 antibodies is quite effective achieving clinical remission and histologic resolution of MN.

(Transplantation 2015;00: 00-00)





Original Report: Transplantation

Am J Nephrol 2015;41:37–47 DOI: 10.1159/000371587 Received: October 13, 2014 Accepted: December 14, 2014 Published online: January 24, 2015

Single-Dose Rituximab for Recurrent Glomerulonephritis Post-Renal Transplant

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Single-dose rituximab for treatment of recurrent GN was associated with less subsequent rejection and longer time to graft loss without increased infection, but was no more effective than regimens not using rituximab at 36-months except those with recurrent membranous GN.





EARLY TREATMENT WITH RITUXIMAB IN RECURRENT MEMBRANOUS NEPHROPATHY AFTER KIDNEY TRANSPLANT: NIKHI

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Treatment with rituximab early in the disease course appears to be effective and perhaps necessary given less likelihood of spontaneous remission

NKF 2019 Spring Clinical Meetings, AJKD Vol 73 | Iss 5 | May 2019





Prophylactic anticoagulant therapy in patients with membranous nephropathy and nephrotic syndrome should be based on an estimate of the risk of thrombotic events and the risk of bleeding complications

- The risk of thrombosis is particularly increased in the first six-to-twelve months after onset of disease.
- the VTE risk starts to increase at a serum albumin level lower than 2.8 g/dL and increases further with lower values.
- Patients with membranous nephropathy and nephrotic syndrome are also at risk of developing arterial thrombotic events. The risk of arterial thrombotic event is dependent on age, history of previous events, diabetes, eGFR, smoking, and severity of nephrotic syndrome
- Use of aspirin is insufficient to prevent VTE; use of warfarin is sufficient to prevent ATE
- A good alternative is to use low-dose LMW heparin + aspirin for a period of three months before switching to warfarin, allowing to judge the course of proteinuria
- the use of direct oral anticoagulant agents such as apixaban for prophylaxis needs further study.





Anticoagulant therapy in patients with MN











